



Harvard
Model
Congress

In-person MUN & Communication Workshop & Conference by Harvard Model Congress

Becoming Best Delegate: Step-by-Step Guide to the Gavel

Hosted by



Program Details



Program Dates

23rd - 25th January 2026



Mode

In-person program at SABADO



Duration

3 days



Eligibility

Grades 6 - 12

(The middle school and high school students will be divided into separate groups)



Program Fee

USD 500/student



Certificate

Students awarded certificate from
Harvard Model Congress



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About the Workshop & Conference

Are you an avid Model United Nations delegate? Do you accidentally ask for a point of personal privilege when rushing for a bathroom break in class or choose to label free time as an unmoderated caucus? Or have you never stepped into session and only associate motions with physics class?

No matter what your background, this program is for you!



The MUN & Communication Workshop

Our experts and model government simulations will help you acquire the necessary skills to win the 'best delegate' award at your next conference. Our resource people have years of experience as both delegates and leaders in Model Congress and Model United Nations.

The MUN Conference

Engage with delegates and receive direct feedback from our experts at the MUN Conference. Showcase and sharpen your skills in public speaking, research, and writing for your next conference, or just get a feel of what MUN is all about. You are going home with all the skills you need to become the Best Delegate!

The MUN & Communication Workshop Agenda

Public Speaking Workshop

Acquire the vital tools to become a confident public speaker through fun debate games and activities, audience interaction, and message delivery. Gain an enhanced level of confidence to face any kind of crowd.

Rhetoric Workshop

Work with the mentors to incorporate rhetorical devices into speeches and learn to make the most impact with the fewest words. Gain insights into preparing the best case for your policy ideas.

Debate Workshop

Teamwork and argument, while seemingly opposite, are both vital to the passing of successful legislation. Understand the intricacies of striking a balance between the two in order to promote your agenda in the MUN committee room. Learn from our experts how to debate in a respectful and effective manner, which will end with you showcasing your skills in a mock debate.



The MUN Conference Agenda

Delegates will get the opportunity to participate in a Model United Nations Conference where they will be able to showcase their off your newly acquired knowledge.

The MUN Conference seeks to help high school students engage in research and debate and learn about international issues under the guidance of mentors. Students would get the opportunity to compete with peers, guided by highly trained mentors, which will help them hone their skills in argumentation, negotiation, and public speaking skills.



Plenary Session

The committee background guides and interactions with other committee members will broaden horizons and enable the participants to get a sense of how disparate organs of the UN might interact with each other.



Key Benefits For Students



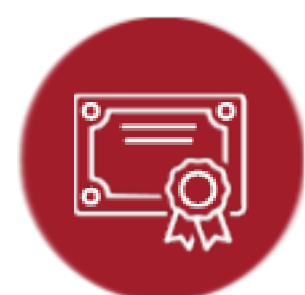
Gain in-depth knowledge of communication, debating, MUN and more



Learn from and interact with leading mentors of Harvard Model Congress



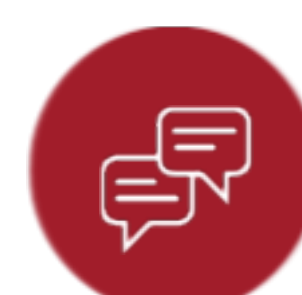
Creative innovative ways to enhance your MUN skills



Earn certificates from Harvard Model Congress



Learn skills and lessons through fun games and challenges



Enhance your communication and public speaking skills



Network with like-minded peers and mentors

Workshop and Conference Schedule

Day 1 (MUN Training Workshops)

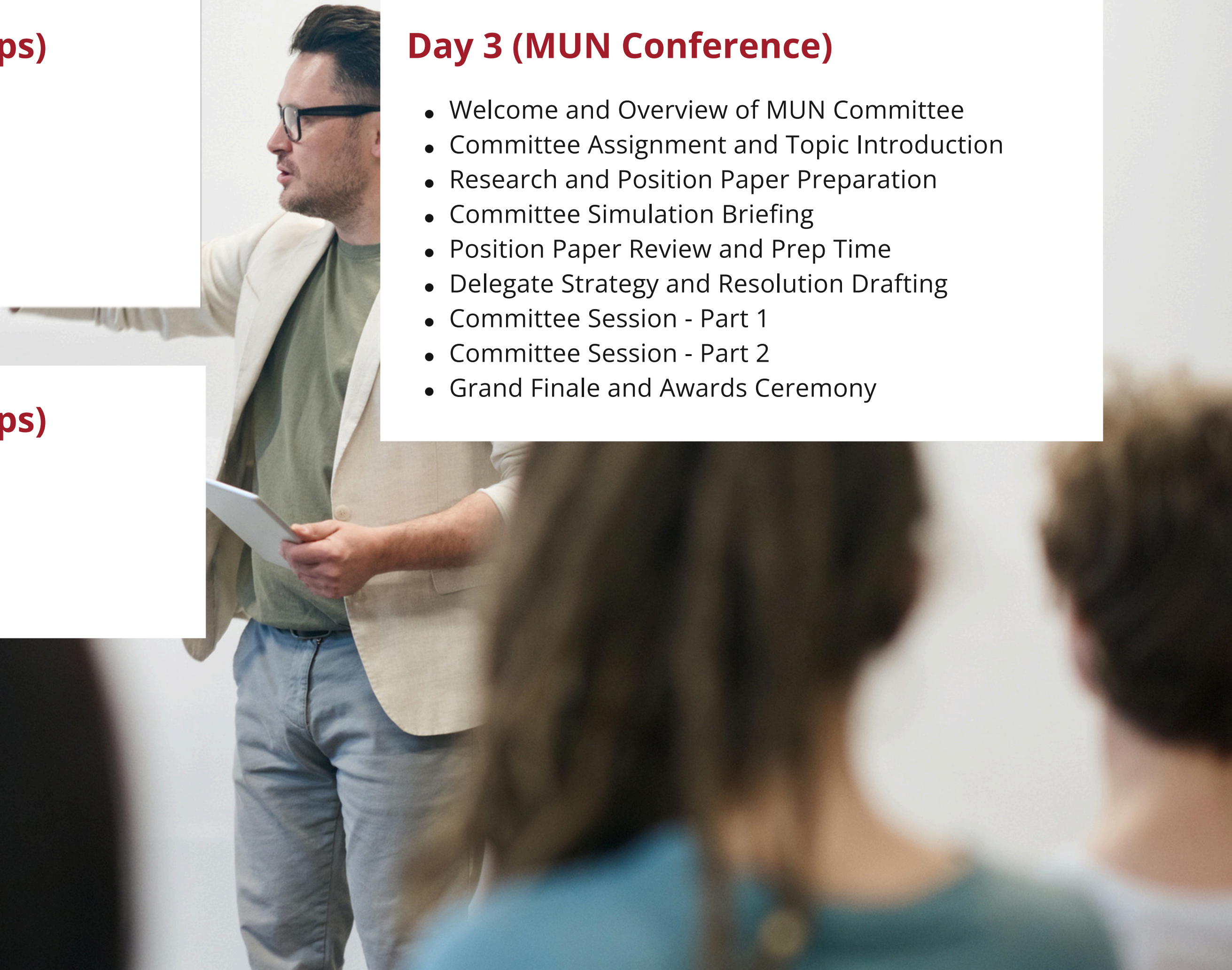
- Group Icebreakers Activities
- What Successful Speeches look like
- English Rhetoric Workshop
- Rhetoric Review Activity
- Public Speaking Workshop and Practicum

Day 2 (MUN Training Workshops)

- Review from Day 1 and Brief Icebreakers
- Policy Research Workshop
- Writing Policy Proposals and Interactive Writing Workshop

Day 3 (MUN Conference)

- Welcome and Overview of MUN Committee
- Committee Assignment and Topic Introduction
- Research and Position Paper Preparation
- Committee Simulation Briefing
- Position Paper Review and Prep Time
- Delegate Strategy and Resolution Drafting
- Committee Session - Part 1
- Committee Session - Part 2
- Grand Finale and Awards Ceremony

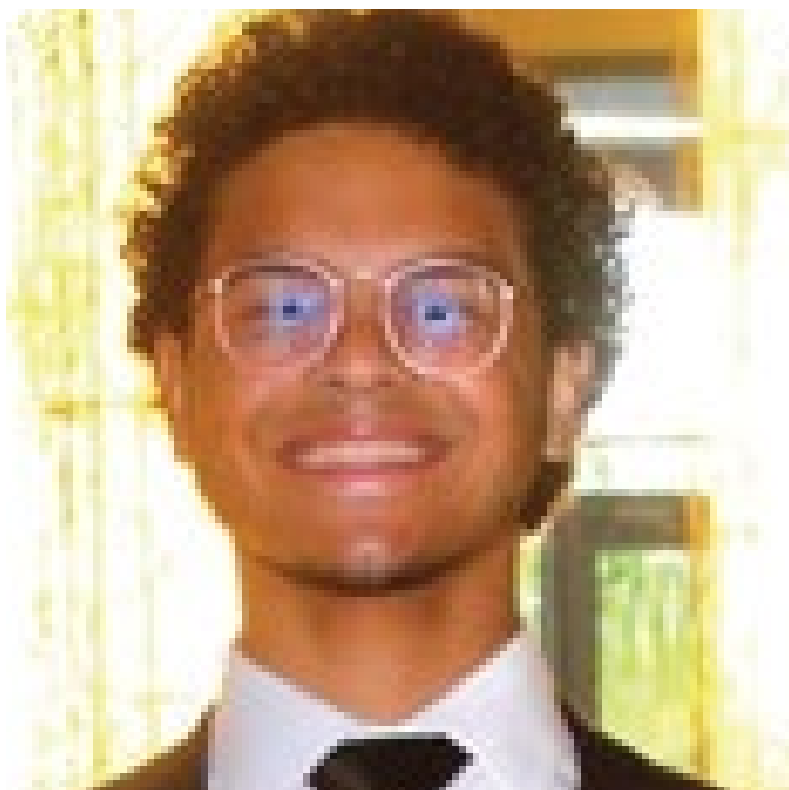


Mentors of Harvard Model Congress



Matt Tibbitts

Matt Tibbitts is a junior in Eliot House. He studies Applied Mathematics and Economics alongside Environmental Science and Public Policy. He has previously served as the Secretariat for the Harvard Student Agencies MUN and is currently serving as president of the senate in Harvard Model Congress. Matt is currently working as a legislative director in the Massachusetts House of Representatives. In his senior year of high school, he was elected to the Massachusetts Board of Elementary and Secondary Education where he represented over 954,000 students, spoke at numerous education conferences, and was published in a national policy journal. In his free time, he can be found playing board games with his friends or playing the drums.



Adrián Muñoz Krans

Adrián Muñoz Krans is a sophomore at Pforzheimer House, studying Social Studies. He currently sits on the board of Harvard Model Congress's Boston conference and was previously a board member for their San Francisco branch. When he's not doing model congress, Adrián teaches speech and debate to middle schoolers and has worked alongside the Institute of Politics to advise the city of Cambridge on urban agriculture initiatives. In his free time, Adrián writes poetry, reads fiction, and maintains a daily journal.

Mentors of Harvard Model Congress



Ryan Jung

Ryan is a sophomore at Harvard from Irvine, California studying Social Studies with a secondary in Educational Studies. Along with his role in HMC San Francisco, Ryan serves as the Director of Operations for Harvard Model Congress Boston. Outside of HMC, he enjoys teaching civics to fifth graders, film photography, and finding the best iced coffee in Boston.

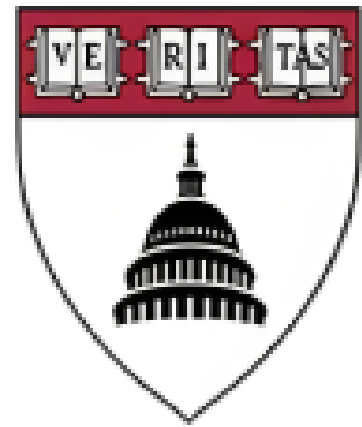


Nahla Owens

Nahla is a sophomore at Harvard. She hopes to study Government and Educational Studies and work in education policy after graduating. When she's not working with Harvard Model Congress, you can probably find her rehearsing with Expressions (the hip-hop dance group), teaching 5th graders about civic engagement with the CIVICS program, or organizing events for the Institute of Politics.

And Many More

About Harvard Model Congress



**Harvard
Model
Congress**

Harvard Model Congress (HMC) at Harvard University stands as the world's largest congressional simulation conference, offering high school students an immersive and dynamic experience. With participation open to students from the United States and abroad, HMC presents a unique opportunity to engage in a realistic model congress simulation. The entire event is organized and run by our devoted team of Harvard undergraduates, ensuring a high-quality and impactful experience for all participants.



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Get in Touch

team@learnwithleaders.com
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